

EASING OF RESTRICTIONS - ENGLAND

FROM MONDAY 19th JULY 2021

General Notes

All forms of Tae Kwon-Do training and competition are permitted from 19th July 2021 and all illegal restrictions will end. However, the government or local authority may apply local restrictions in areas of England with virus spikes so check local news regularly.

Setting	COVID measure	Legal position	Issues to still think about and potential action	
Club Activity	Capacity limits	No longer mandatory from 19 th July	If you have members who may be anxious about returning, clubs might consider keeping class sizes lower. Also – some venues may still dictate capacity limits for a while – so worth checking!	
	Social distancing for children and adults		All forms of Tae Kwon-Do are permitted – but if you have vulnerable people in your class who may be more susceptible, or worried about the effects of the virus – please discuss with them the potential mitigating measures that they could adopt so they may have an option to participate in some limited form.	
	Wearing facemasks			
	Contact restrictions			
	Track & Trace and self-isolation			
	Information			Anyone with a positive test or showing symptoms should never attend the club and should isolate according to latest government guidelines and follow any track & trace instructions given.
	It is important that all clubs make their members regularly aware of the risks of COVID and remind them that they are participating in a close contact physical activity that carries risk.			
Events Competitions Gradings Seminars Demo's	Capacity Limits	No longer mandatory from 19 th July	Some venues may still dictate capacity limits for a while – so worth checking!	
	Social distancing for children and adults		All forms of Tae Kwon-Do events are permitted without restrictions. However, workable, and sensible measures including how events manage crowd sizes, congregation points, and participants flows around the venue better should be considered and where feasible to minimise contact. Extra consideration should be given to event officials and volunteers who by nature of their role may come into more contact with people. Hosts and technical leads may consider and apply appropriate and proportionate mitigation measures in these cases, (e.g., some limited use of masks, gloves, and other measures)	
	Wearing facemasks			
	Contact restrictions			
	Track & Trace and self-isolation			Anyone with a positive test or showing symptoms should never attend an event and should isolate according to latest government guidelines and follow any track & trace instructions given.
				Event hosts should retain participants lists for a minimum of 21 days after the event.
	QR Codes			Event venues / event hosts should display the scannable QR codes for people wishing to use the NHS app
Information	It is important that all events make all participants and spectators aware of the risks of COVID and remind athletes that they are participating in a close contact physical activity that carries risk.			